



User Persona



Aliyah

Age: 17
North York
University of Toronto
Engineering
First Generation Student
Parents from Jamaica

"Attending university is a big milestone for me and my family, I feel so overwhelmed! This is completely new for me."

- First of her family to attend university
- Excited to attend university
- Will be living out of home for the first time
- Overwhelmed with the new experience
- Worried that she wouldn't transition well
- Does not know of the services available to her

Proposal:

We propose the use of a interdisciplinary credit that serves as a mechanism for students to develop skills using existing services

Types of Resources Identified

Academic

Academic Support and Facilitation

Academic-Related Workshops could equip students with necessary skills.

- 76% of institutions offered campus services.
- Institutions suggested that students entering post-secondary education are underprepared academically.

(Schrader and Brown, 2008)

Social

Community Involvement

Engagement has a compensatory effect on first-year grades.

- Increased engagement resulted in **0.04 points** increase in GPA (Kuh, Cruce, Shoup, Kinzie & Gonyea, 2008).
 - Effective educational practices benefits **all students**, especially students of color (Kuh, Cruce, Shoup, Kinzie & Gonyea, 2008).

Service

Accessibility on Campus

Mental and Sexual Health Education/Support

- 49% of students in a major educational institute cited mental health as a critical problem (Hashem, Al Khawaja, Edhah, Hashmi and Al Akill, 2014).
 - **68%** of Canadian youth have had sex before the age of 20.
- Only **1 in 3** Canadians understand what giving consent means (Ontario Physical and Health Education Association, Statistics Canada).

How It Can Be Implemented

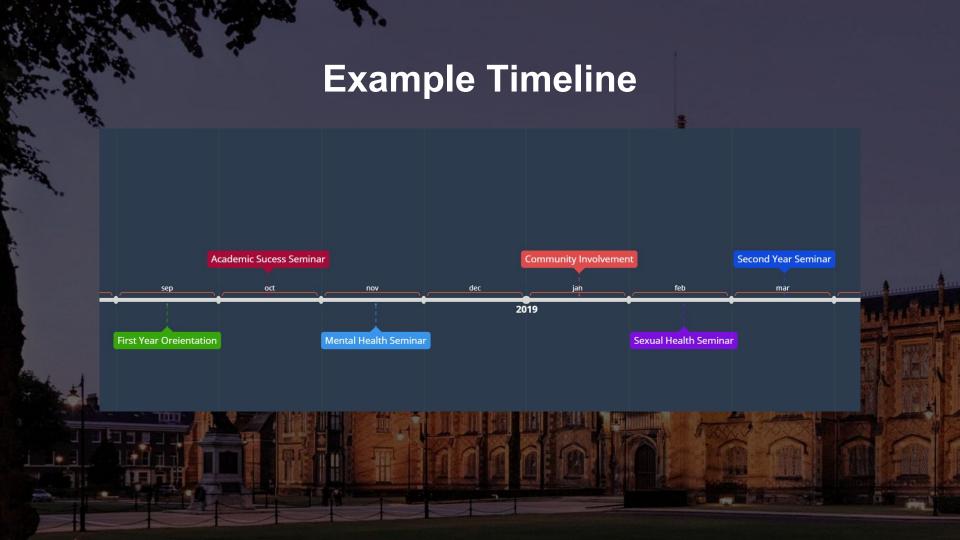
1. Incorporate participations grades in campus activities into first-year courses

Example: 2 - 5% of course grades based on campus involvement

2. Students have to earn certain amount of credits from campus activities, in order for them to graduate

Example: Students have to fulfill certain hours of campus involvement or participate in group activities with other first year students

3. Offer a variety of workshops that the students can choose but should meet the requirement for the credit



Feasibility: Cost and Resource Efficient

Use the Existing Services on Campus















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Aliyah

Age: 21

4th Year Chemical Engineering Student

"At first, I found the workshops to be tedious but in the end I found it to be very meaningful and introduced me with a network of friends!"

- Feels confident after the credit
- Aware of the services available
- Have a sense of belonging in the community
- Succeeding Academically
- She feels that there could be room for improvement for the workshops

